NOTICE OF INFORMATION PRACTICES

THIS NOTICE DESCRIBES HOW HEALTH INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

We (including our affiliates listed at the end of this notice) are required by law to protect the privacy of your health information. We are also required to send you this notice, which explains how we may use information about you and when we can give out or "disclose" that information to others. You also have rights regarding your health information that are described in this notice.

The terms "information" or "health information" in this notice include any information we maintain that reasonably can be used to identify you and that relates to your physical or mental health or condition, the provision of health care to you, or the payment for such health care.

We have the right to change our privacy practices. If we do, we will provide the revised notice to you within 60 days by direct mail or post it on our websites located at www.goldenrule.com or www.eams.com

How We Use or Disclose Information

We must use and disclose your health information to provide information:

- To you or someone who has the legal right to act for you (your personal representative); and
- To the Secretary of the Department of Health and Human Services, if necessary, to make sure your privacy is protected.

We have the right to use and disclose health information to pay for your health care and operate our business. For example, we may use your health information:

- For Payment of premiums due us and to process claims for health-care services you receive.
- For Treatment. We may disclose health information to your physicians or hospitals to help them provide medical care to you.
- For Health-Care Operations. We may use or disclose health information
 as necessary to operate and manage our business and to help manage your
 health-care coverage. For example, we might conduct or arrange for medical
 review, legal services, and auditing functions, including fraud and abuse
 detection or compliance programs. We may use your health information for
 underwriting purposes; however, we are prohibited by law from using or
 disclosing genetic information for underwriting purposes.
- To Provide Information on Health Related Programs or Products such as alternative medical treatments and programs or about health-related products and services.
- To Plan Sponsors. If your coverage is through an employer group health plan, we may share summary health information and enrollment and disenrollment information with the plan sponsor. In addition, we may share other health information with the plan sponsor for plan administration if the plan sponsor agrees to special restriction on its use and disclosure of the information.
- For Appointment Reminders. We may use health information to contact you for appointment reminders with providers who provide medical care to you.

We may use or disclose your health information for the following purposes under limited circumstances:

- As Required by Law. We may disclose information when required by law.
- To Persons Involved With Your Care. We may use or disclose your health information to a person involved in your care, such as a family member, when you are incapacitated or in an emergency, or when permitted by law.
- For Public Health Activities such as reporting disease outbreaks.
- For Reporting Victims of Abuse, Neglect or Domestic Violence to government authorities, including a social service or protective service agency.
- For Health Oversight Activities such as governmental audits and fraud and abuse investigations.
- For Judicial or Administrative Proceedings such as in response to a court order, search warrant or subpoena.
- For Law Enforcement Purposes such as providing limited information to locate a missing person.
- To Avoid a Serious Threat to Health or Safety by, for example, disclosing information to public health agencies.
- For Specialized Government Functions such as military and veteran activities, national security and intelligence activities, and the protective services for the President and others.
- For Workers Compensation including disclosures required by state workers compensation laws of job-related injuries.
- For Research Purposes such as research related to the prevention of disease or disability, if the research study meets all privacy law requirements.
- To Provide Information Regarding Decedents. We may disclose information to a coroner or medical examiner to identify a deceased person, determine a cause of death, or as authorized by law. We may also disclose information to funeral directors as necessary to carry out their duties.

- For Organ Procurement Purposes. We may use or disclose information for procurement, banking or transplantation of organs, eyes or tissue.
- To Correctional Institutions or Law Enforcement Officials if you are an inmate of a correctional institution or under the custody of a law enforcement official, but only if necessary (1) for the institution to provide you with health care; (2) to protect your health and safety or the health and safety of others; or (3) for the safety and security of the correctional institution.
- To Business Associates that perform functions on our behalf or provide us
 with services if the information is necessary for such functions or services.
 Our business associates are required, under contract with us, to protect the
 privacy of your information and are not allowed to use or disclose any
 information other than as specified in our contract. As of 2/17/10, our
 business associates are also directly subject to federal privacy laws.
- For Data Breach Notification Purposes. We may use your contact information to provide legally-required notices of unauthorized acquisition, access, or disclosure of your health information.
- Additional Restrictions on Use and Disclosure. Certain federal and state
 laws may require special privacy protections that restrict the use and disclosure
 of certain health information, including highly confidential information about
 you. "Highly confidential information" may include confidential information
 under federal laws governing alcohol and drug abuse information as well as state laws that often protect the following types of
 information: HIV/AIDS; mental health; genetic tests; alcohol and drug abuse;
 sexually transmitted diseases and reproductive health information; and child or
 adult abuse or neglect, including sexual assault.

If none of the above reasons applies, **then we must get your written authorization to use or disclose your health information.** If a use or disclosure of health information is prohibited or materially limited by other applicable law, it is our intent to meet the requirements of the more stringent law. In some states, your authorization may also be required for disclosure of your health information. Authorization is required for the use and disclosure of psychotherapy notes or for marketing. In many states, your authorization may be required in order for us to disclose your highly confidential health information. Once you give us authorization to release your health information, we cannot guarantee that the person to whom the information is provided will not disclose the information. You may take back or "revoke" your written authorization, except if we have already acted based on your authorization. To revoke an authorization, contact the phone number listed on your ID card.

What Are Your Rights

The following are your rights with respect to your health information.

- You have the right to ask to restrict uses or disclosures of your information
 for treatment, payment, or health-care operations and to ask to restrict
 disclosures to family members or to others who are involved in your health
 care or payment for your health care. We may also have policies on dependent
 access that may authorize certain restrictions. Please note that while we
 will try to honor your request and will permit requests consistent
 with its policies, we are not required to agree to any restriction.
- You have the right to request that a provider not send health information to us in certain circumstances if the health information concerns a health-care item or service for which you have paid the provider out of pocket in full.
- You have the right to ask to receive confidential communications of
 information in a different manner or at a different place (for example, by
 sending information to a P.O. Box instead of your home address). We will
 accommodate reasonable requests where a disclosure of all or part of your
 health information otherwise could endanger you. We will accept verbal
 requests to receive confidential communications, but request to modify or
 cancel a previous confidential communication request must be made in
 writing. Mail your request to the address listed below.
- You have the right to see and obtain a copy of health information that
 may be used to make decisions about you such as claims and case or medical
 management records. You also may receive a summary of this health
 information. You must make a written request to inspect and copy your
 health information. In certain limited circumstances, we may deny your
 request to inspect and copy your health information.
- You have the right to ask to amend information we maintain about
 you if you believe the health information about you is wrong or incomplete.
 We will notify you within 30 days if we deny your request and provide a
 reason for our decision. If we deny your request, you may have a statement
 of your disagreement added to your health information. We will notify you in
 writing of any amendments we make at your request. We will provide
 updates to all parties that have received information from us within the past
 two years (seven years for support organizations).
- You have the right to receive an accounting of certain disclosures of your information made by us during the six years prior to your request. This accounting will not include disclosures of information: (i) made prior to April 14, 2003; (ii) for treatment, payment, and health-care operations purposes; (iii) to you or pursuant to your authorization; and (iv) to correctional institutions or law enforcement officials; and (v) that federal law does not require us to provide an accounting.

- You have the right to a paper copy of this notice. You may ask for a
 copy of this notice at any time. Even if you have agreed to receive this notice
 electronically, you are still entitled to a paper copy of this notice upon
 request. In addition, you may obtain a copy of this notice at our websites,
 www.eAMS.com or www.qoldenrule.com.
- In New Mexico, you have the right to be considered a protected person. A
 "protected person" is a victim of domestic abuse who also is either: (1) an
 applicant for insurance with us: (2) a person who is or may be covered by our
 insurance; or (3) someone who has a claim for benefits under our insurance.

Exercising Your Rights

- Contacting your Health Plan. If you have any questions about this notice or want to exercise any of your rights, call the phone number on your ID card.
- Filing a Complaint. If you believe your privacy rights have been violated, you may file a complaint with us at the following address:
- Privacy Officer, Golden Rule Insurance Company, 7440 Woodland Drive, Indianapolis, IN 46278-1719
- You may also notify the Secretary of the U.S. Department of Health and Human Services of your complaint. We will not take any action against you for filing a complaint.

Fair Credit Reporting Act Notice

In some cases, we may ask a consumer-reporting agency to compile a consumer report, including potentially an investigative consumer report, about you. If we request an investigative consumer report, we will notify you promptly with the name and address of the agency that will furnish the report. You may request in writing to be interviewed as part of the investigation. The agency may retain a copy of the report. The agency may disclose it to other persons as allowed by the federal Fair Credit Reporting Act.

We may disclose information solely about our transactions or experiences with you to our affiliates.

Medical Information Bureau

In conjunction with our membership in MIB, Inc., formerly known as Medical Information Bureau (MIB), we or our reinsurers may make a report of your personal information to MIB. MIB is a nonprofit organization of life and health insurance companies that operates an information exchange on behalf of its members.

If you submit an application or claim for benefits to another MIB member company for life or health insurance coverage, the MIB, upon request, will supply such company with information regarding you that it has in its file. If you question the accuracy of information in the MIB's file, you may seek a correction in accordance with the procedures set forth in the federal Fair Credit Reporting Act. Contact MIB at: MIB, Inc., 50 Braintree Hill Ste. 400, Braintree, MA 02184-8734, (866) 692-6901, www.mib.com or (TTY) (866) 346-3642.

FINANCIAL INFORMATION PRIVACY NOTICE

We (including our affiliates listed at the end of this notice) are committed to maintaining the confidentiality of your personal financial information. For the purposes of this notice, "personal financial information" means information, other than health information, about an insured or an applicant for health-care coverage that identifies the individual, is not generally publicly available and is collected from the individual or is obtained in connection with providing health-care coverage to the individual.

We collect personal financial information about you from the following sources:

- Information we receive from you on applications or other forms, such as name, address, age and social security number; and
- Information about your transactions with us, our affiliates or others, such as premium payment history.

We do not disclose personal financial information about our insureds or former insureds to any third party, except as required or permitted by law.

We restrict access to personal financial information about you to employees, affiliates and service providers who are involved in administering your health-care coverage or providing services to you. We maintain physical, electronic and procedural safeguards that comply with federal standards to guard your personal financial information.

Send written requests to access, correct, amend or delete information to:

 Privacy Officer, Golden Rule Insurance Company, 7440 Woodland Drive, Indianapolis, IN 46278-1719

We may disclose personal financial information to financial institutions which perform services for us. These services may include marketing our products or services or joint marketing of financial products or services.

The Notice of Information Practices , effective November 2010, is provided on behalf of American Medical Security Life Insurance Company; Golden Rule Insurance Company; PacifiCare Life and Health Insurance Company, PacifiCare Life Assurance Company, and All Savers Life Insurance Company, and All Savers Life Insurance Company of California.

To obtain an authorization to release your personal information to another.

To obtain an authorization to release your personal information to another party, please go to appropriate website listed at the bottom of the page.